## 2019 Summer Class Offerings

- \*\* Pool will open at 10:30 am to the public June 17<sup>th</sup> July 19<sup>th</sup> (5 wks) due to swim team and swim lessons.
- \*\* Pool will open at 10 am to the public July 22<sup>nd</sup> September 2<sup>nd</sup>.
- \*\* All weekends/holidays the pool will be open to the public at 10 am.

Morning Swim: 5:30 – 8:00 AM M-F Registration Begins 6/10 @ 4 pm at the park

Classes Begin 6/17/19 - 8/23

Residents \$50 Non-residents \$70

Aqua Jog: 6:15 – 7:00 AM Sign-up to show interest and determine whether we will hold a class.

June 19<sup>th\*</sup>, 26<sup>th</sup>; July 3<sup>rd\*</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>; August 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>.

\*Class dates may be subject to change.

Swim Team: Practice Schedule: No Practice Friday PM. Meets Wednesday PM

**AM:** 8:30 – 9:30 am **9-12 year olds PM:** 3:30 – 4:30 pm **11 & up** 

9:00 – 9:45 am **8 & under** 4:30 – 5:15 pm **10 & up** 

9:45 – 11:00 am **13 & over** 

Swim Lessons: 2 sessions Registration Begins 6/10 @ 4 pm at the park

Classes Begin 6/17

Residents \$40 for 2 week session

Session I: 6/17 – 6/28 M-F Session II: 7/8 – 7/19 M-F

Level 1 & 2 10:30 - 11 and 11:15 - 11:45

Level 3 10:15 - 11 and 11: 00 - 11:45

Level 4 12- 12:45 Level 5 & 6 12 - 12:45

**Tennis Lessons:** 9 one week sessions Registration Begins 6/10 @ 4 pm at the park

Classes Begin 6/17

Residents \$30 per week

(Must pay before the start of lessons)

10 & under 10 am M-F 11 & up 11 am M-F

**Sessions:** 6/17, 6/24, (7/1 \$25, no class 7/4), 7/8, 7/15, 7/22, 7/29, 8/5, 8/12

Water Aerobics: 9 weeks (Deep Water Aerobics but you can be at a depth comfortable to you – can stand)

\*\*Noodles available, Aqua Jogger Belt recommended.

Registration Begins 6/10 @ 4 pm at the park Classes Begin 6/18 – 8/22 Residents \$75 for 9 weeks (19 classes) Non-residents \$80 for 9 weeks (19 classes)

Tuesday Evenings: 6:15 – 7:00 pm (6/18 – 8/22) No Class on July 4th

Thursday Evenings: 6:15 -7:00 pm

\*Class day may be subject to change for June 20th

\*\* Instructor Carrie Moore

Tai Chi: Registration Begins 6/10 @ 4 pm at the park

Residents \$98 for 8 weeks Non-residents \$108 for 8 weeks

Wednesday Mornings: 9 – 10 am Beginners 10 – 11 am Advanced

Session 1: June 26th- August 14th

Session 2: August 28th – October 23rd \*No class week of Labor Day

\*\* Instructor Jennifer Silverston